



PRIVATE COACHING CLIENT APPLICATION

Please complete this application and email to lori@momnificent.com or fax to (630) 236-7143. Lori will be in touch with you shortly to answer your questions and schedule your discovery session. *All information shared here is confidential.*

FIRST AND LAST NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

HOME PHONE: _____

WORK PHONE: _____

CELL PHONE: _____

EMAIL ADDRESS: _____

BIRTHDAY: (MO/DAY) _____

MOM STATUS:

STAY-AT-HOME MOM

WORKING MOM

WORK-AT-HOME MOM

OTHER _____

CURRENT OCCUPATION (IF APPLICABLE): _____

NUMBER OF CHILDREN/AGES: _____

PLEASE ANSWER THESE QUESTIONS TO THE BEST OF YOUR ABILITY

Please define what taking your life to the next level would look like for you. *Be specific.*

Describe your five greatest strengths you bring to your life.

- 1.
- 2.
- 3.
- 4.
- 5.

Describe your five biggest challenges or obstacles to having the life that is perfect for you.

- 1.
- 2.
- 3.
- 4.
- 5.

Please tell me the 5 habits or beliefs that STOP your forward movement.

- 1.
- 2.
- 3.
- 4.
- 5.

Tell me your biggest coaching fear.

What are your top 3-5 goals to accomplish over the next 3-6 months?

- 1.
- 2.
- 3.
- 4.
- 5.

Please list 5 ways I can help you achieve these goals.

- 1.
- 2.
- 3.
- 4.
- 5.

How do you like to be held accountable?

Why do you believe this is the right time for you to have a coach?